



Society of Physician Assistants in Otorhinolaryngology-Head & Neck Surgery

THE VANGUARD



President's Message

Jennifer Brooks, PA-C

Greetings Society Members,

The 9th Annual ENT for the PA-C, this year held in sunny Orlando, was another great success! We joined forces with the AAO management team to coordinate and execute a four day conference full of CME opportunities. We offered a new workshop this year “Epistaxis Management” which was very popular. We listened to engaging lectures, raised money for our PA student scholarship fund, and networked with fellow ENT colleagues.

I am honored to have been the President for the last 2 years. I would like to thank the board members for their time, support, and energy. It has been a wonderful experience and learning opportunity. I leave the society in very capable hands with our new president, Jose, who will continue to grow our society.

As SPAO continues to grow, we will have a larger presence and can offer more CME opportunities. I continue to urge anyone interested to join our board. It is such a rewarding experience. You will make connections and help educate/train PAs just like you.

Thank you.

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THE VANGUARD
6200 Lakeside Avenue
Richmond, VA 23228



Interview: Dr. Nathan Nachlas

Jose C. Mercado, PA-C, MMS, President-Elect

In this special interview, *The Vanguard* highlights both a physician and an organization that aim to increase awareness of our specialty and serve as a resource for the training of physician assistants in otorhinolaryngology.

In 1997, the Network of Florida Otolaryngologists (NFO) was formed by a local group of practicing otolaryngologists dedicated to sharing their knowledge and experience with their colleagues in an effort to create and to preserve the highest standards of excellence in the specialty. What began as a concept of a small group of physicians has blossomed into the largest statewide organization of its kind, boasting over 250 members.

The essence of the NFO is to provide its members resources and services that can only be obtained by large organizations. Their size enables them to deliver state of the art business support for their entire membership.

The NFO provides many services to its members, including Risk Purchasing Group Medical Malpractice Insurance, the NFO Research Team, the NFO Group Purchasing Programs, Business of Medicine Webinar Series, and the collection of high quality downloadable forms to its members. They believe passionately in supporting the practicing otolaryngologist/ head and neck surgeon, and strive to offer solutions for their members to make their practice exceptional.

The Florida Combined Otolaryngology Meeting (FCOM) is sponsored by The Florida Society of Otolaryngology—Head & Neck Surgery, The Florida Society of Facial Plastic & Reconstructive Surgery, and The Network of Florida Otolaryngologists. It is held at various sites annually across Florida and features educational tracts for physicians, advanced practice providers, residents, administrators, audiologists and students.

The one person instrumental in the foundation of the NFO and the FCOM is Dr. Nathan Nachlas. He is a facial plastic and reconstructive surgeon specializing in the nose, sinuses, and face in Boca Raton. Dr. Nachlas

pioneered the Total Nose Approach™, which combines ENT and facial plastic surgery that treats both the aesthetic and functional issues of the nose and sinuses. Dr. Nachlas was also the first surgeon in the United States to perform in-office computer guided Balloon Sinuplasty. His experience with balloon sinuplasty is one of the most extensive in the country, and he has performed over ten thousand nasal and sinus procedures such as rhinoplasty, and revision rhinoplasty.



He received his medical degree at the University of Chicago, and trained at Yale-New Haven Hospital (Surgery), The Johns Hopkins Hospital (Otolaryngology), and Beverly Hills, California (Facial Plastic and Reconstructive Surgery).

During the recent annual meeting held at the Ritz-Carlton in Naples November 9-11, 2018, I had the opportunity to sit down with Dr. Nachlas. The meeting was well attended by more than 200 people including nearly 100 physician assistants, nurse practitioners and PA students.

Mercado:

When and why did you add lectures and learning tracts for advanced practice providers in your Florida Combined Otolaryngology Meeting?

Nachlas:

We first added the lectures for PA's about 5 years ago. Three years after completing my fellowship, I began to appreciate the looming workforce shortage in our specialty and saw PAs as a natural

(continued next page)

Interview: Dr. Nathan Nachlas *(continued)*

fit. I had a very positive experience hiring a PA and incorporating her into my practice.

Mercado:

What do you say to physicians that are thinking about adding an advanced practice provider to their practice?

Nachlas:

It's the smartest thing they'll ever do! I think having a PA can shorten wait times and improve access [to care]... It's also gratifying to me to know that my patients' satisfaction is high with the care my PAs provide.

Mercado:

What do you see in the future for the NFO, the FCOM and APP in Florida?

Nachlas:

We have already seen an increased attendance by students as well as practicing PAs so we will be adding new content for next year...we are looking into creating a type of post-graduate internship for physician assistants in otolaryngology. This will

incorporate general otolaryngology, subspecialties such as rhinology and otology, ancillary services and departments such as audiology, vestibular evaluation, allergy, and sleep medicine, and an intense introduction to familiarize the newly certified PA with practice specific electronic charting.

In addition to core ENT lectures for APP, there were also lectures for students transitioning after graduation as well as contract negotiations and interview pearls to help them land that dream job. Immediately after the lectures, attendees were able to have "Speed Interviews" with providers/practices looking to add an APP. This is the third year "Speed Interviews" have been offered and at least 5 previous attendees have found jobs in ENT. It's obvious the NFO is doing a great job of increasing awareness of otolaryngology as a viable career choice for PA students. It has also gone above and beyond by providing the venue for quality ENT specific education and job placement for PAs and should serve as a model for other state ENT societies and even the American Academy of Otolaryngology / Head & Neck Surgery Foundation.

Education Opportunities

UCSF Otolaryngology Update

October 31 – November 2, 2019

Westin St. Francis Hotel, San Francisco, CA

otoupdate.ucsf.edu

Pacific Rim Otolaryngology–Head & Neck Surgery Update

February 15-18, 2020

Moana Surfrider Hotel, Waikiki Beach, Honolulu, Hawaii

ucsfcmec.com/2020/MOT20006/MOT20006_STDC.pdf

AHNS 10th International Conference on Head and Neck Cancer: "Survivorship through Quality and Innovation"

July 18-22, 2020

Hyatt Regency Chicago, Chicago, Illinois

ahns.info/meetings

AcademyU[®]
YOUR OTOLARYNGOLOGY EDUCATION SOURCE



2018 ENT for PA-C Recordings Now Available!
Choose from over 32 hours of video CME!

Presentations from our **2018 ENT for the PA-C Conference**, sponsored by **AAO-HNSF** and **SPAO**, hosted by the Mayo Clinic in Scottsdale, Arizona, were recorded and are now available on the **AAO-HNSF AcademyU[®] Education Platform**.

If you are either a member of AAO-HNSF or SPAO, you receive a 20% discount on the purchase of individual recordings or the entire package!

Clinical Practice Guideline: Tonsillectomy in Children

published as a supplement in the February 2019 issue of *Otolaryngology—Head and Neck Surgery*

An updated clinical practice guideline from the American Academy of Otolaryngology—Head and Neck Surgery Foundation was released in February 2019. The updated guideline provides evidence-based recommendations for children 1 to 18 years of age undergoing tonsillectomy on the pre-, intra-, and post-operative care.

Key updates include:

- Recommendation for watchful waiting for recurrent throat infection if there have been <7 episodes in the past year, <5 episodes per year in the past 2 years, or <3 episodes per year in the past 3 years;
- Administer a single intraoperative dose of intravenous dexamethasone to children undergoing tonsillectomy;
- Clinicians should recommend ibuprofen, acetaminophen, or both for pain control after tonsillectomy;
- Perioperative antibiotics to children undergoing tonsillectomy are not necessary; and
- Do not administer or prescribe codeine, or any medication containing codeine, after tonsillectomy in children younger than 12 years.

The clinical guideline for tonsillectomy in children was created by a multi-disciplinary panel including nursing, anesthesiology, consumers, family medicine, infectious

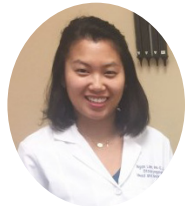


disease, otolaryngology-head and neck surgery, pediatrics, and sleep medicine.

The guideline authors are: Ron B. Mitchell, MD, Sanford M. Archer, MD, Stacey L. Ishman, MD, MPH, Richard M. Rosenfeld, MD, MPH, MBA, Sarah Coles, MD, Sandra A. Finestone, PsyD, Norman R. Friedman, MD, Terri Giordano, DNP, Douglas M. Hildrew, MD, Tae W. Kim, MD, MEHP, Robin M. Lloyd, MD, Sanjay R. Parikh, MD, Stanford T. Shulman, MD, David L. Walner, MD, Sandra A. Walsh, Lorraine C. Nnacheta, MPH.

The guideline can be found at entnet.org/content/clinical-practice-guideline-tonsillectomy-children-update.

A Day in the Life of a PA: Ngan Lam, PA-C



The “A Day in the Life of PA” blog series has featured Ngan Lam, PA-C in their online blog series. She graduated with her Master’s in Public Health with a concentration in Infection Control from Florida International University PA Program in Miami in December 2017. In her interview, she mentions why she chose ENT, her typical schedule and administrative tasks, and advocates for our profession.

We encourage you to read her interview at empoweredpas.com/2018/12/04/a-day-in-the-life-of-a-ent-pa-ngan-lam-pa-c/ and support one of our valued members. Ngan also has an active blog where she posts regularly and continues to share what she is learning.

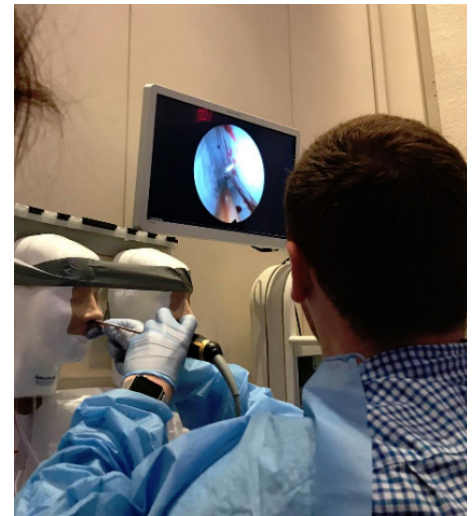
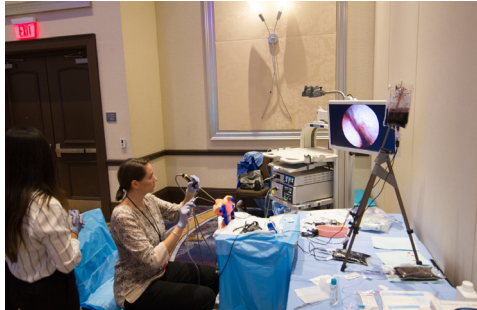
We applaud you, Ngan, for your contribution to the profession!

2019 ENT for PA-C Conference

Thank you for joining us at the ENT for the PA-C Conference in Orlando, Florida. We would also like to thank our SPAO team and volunteers who made this year's conference a success.

We look forward to seeing you next year in San Francisco, California, April 2-6, 2020!

We encourage you to invite your fellow PA, NP and physician colleagues! Stay tuned for more details.

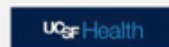


See you next year!



AMERICAN ACADEMY OF
OTOLARYNGOLOGY-
HEAD AND NECK SURGERY
FOUNDATION®

April 2-6, 2020
San Francisco, California
Hilton Union Square



Employment Opportunities

Physician Assistant - ARIZONA

Otology/Neurotology for Center for Neurosciences (CNS), Southern Arizona's largest and longest standing neuroscience group practice, is looking for an energetic and personable Physician Assistant (PA) to work within our Ear and Hearing Program. The ideal candidate must be self-motivated and ready to hit the ground running in a fast-paced exciting work environment. Primary responsibilities will include seeing patients within his/her own clinic as well as with Dr. Abraham Jacob, Southern Arizona's most experienced Neurotologist.

Physician Assistant - FLORIDA

Ocala ENT Specialist, Ocala, Florida, looking for autonomous PA within ENT group. Duties include full evaluation and management of cases with physician support. Group has 5 physicians and 1 physician Assistant.

Physician Assistant - FLORIDA

Florida ENT Adult & Pediatric is seeking very focused, dependable, fast-paced, fast learner, self-starter, highly motivated, multitasking, and team-oriented professional Physician Assistant to come join our Family. Looking for a professional appearance, outgoing personality combined with the appropriate level of discretion necessary for an upscale physician's office. Seeking well-qualified candidates with excellent communication skills and able to scribe and have a dynamic personality. Must have exceptional multi-tasking abilities and the ability to work in a fast paced medical office.

Physician Assistant - FLORIDA

Florida Ear & Sinus Center is looking for a Physician Assistant to help cope with our expanding roster of patients. We have five physicians currently practicing at the clinic as well as two physician assistant with a full schedule. The physician assistant will be responsible for taking over many of our existing patients. We're looking for a professional who is looking to learn about the ENT field and train under highly skilled otolaryngologists.

Physician Assistant - GEORGIA

Coastal Ear, Nose & Throat, LLC has a Career Opportunity in Sunny, Coastal Savannah, Georgia! Two physicians with one Pediatric Nurse Practitioner practice seeking in an energetic well-trained ENT PA. This is a Full service practice with Allergy, Audiology, In Office Sleep and Sinus Services and Fyzical Balance Center. Office hours Monday - Friday from 8 am -5 pm, commonly extended for urgent patient needs. There are two office locations in a charming, historic city with many cultural attractions and recreational activities, plus excellent local public and private schools and colleges.

PA/NP - UTAH

Southern Utah Ear, Nose, and Throat in St. George, Utah is looking for a full-time PA or NP. We are a thriving full service ENT clinic with 4 physicians, 2 non-surgical physicians, one Physician Assistant and one Nurse Practitioner. We have in-house Allergy, Audiology, Mini CT-Scan and Facial Plastics. Supportive, kind and caring staff.

View more jobs at the SPAO-HNS Career Center at ENTPA.org.

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